

Leadership Awareness Coaching Session

ARMA Calgary

June 2009

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- **STOP**

- **BREATHE**

Awareness Point

Content

VS

Process

Leadership Process

Coaching

Vs

Training

Group Think #1

In your groups, discuss the difference between:

Coaching and Training

Training = SKILL

Coaching = Behavior

*** FARMER STORY ***

- *You have heard it all before*
- *You have it stored in all sorts of places*
- *You have used some of these things before*

Let's put it all together

CHOICE

Everything Starts with

YOU

“If it is to be....

It is up to me”

....Jim Clemmer (Growing the Distance)

An invitation to work
HARDER at *simple* things

to make them

EVEN SIMPLER

BIG – LITTLE

Process

BIG

Self Think # 1

**Write down things that come
to mind about your TEAM**

TODAY

Self Think # 2

**Write down things that come
to mind about YOU**

TODAY

Self Think # 2

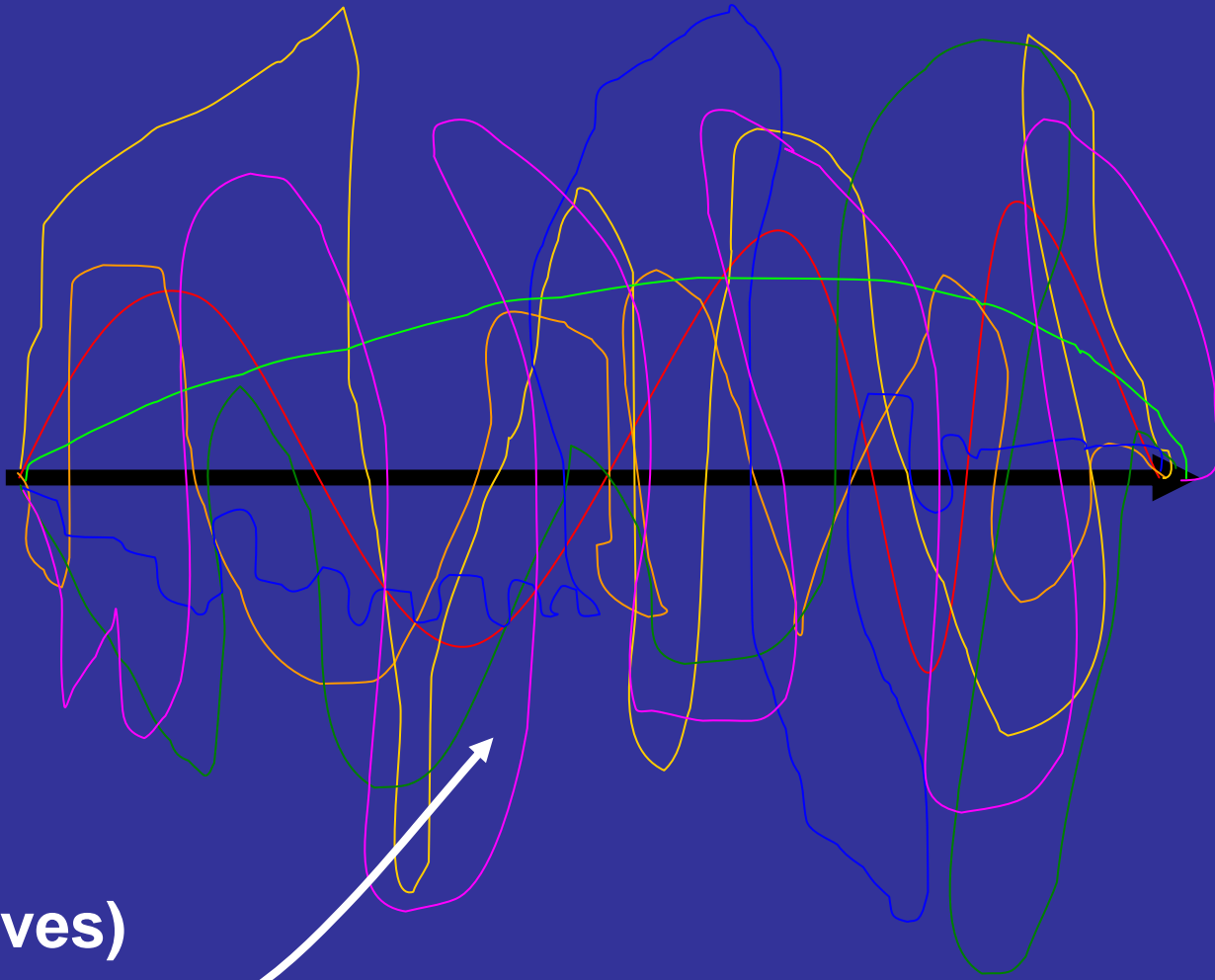
CORE



Is life a straight line?

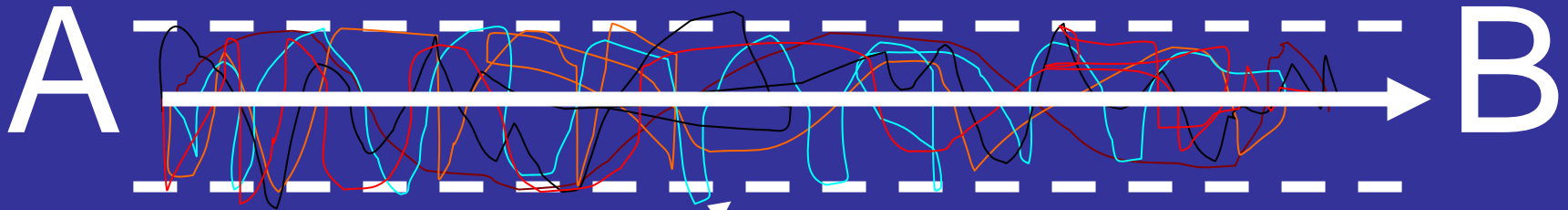
A

B



NOISE
(Costly Curves)

AWARENESS leads to
Peak Performance



REDUCE THE NOISE (Costly Curves)

B = W.A.W.H.F.

W.A.W.H.F = What are we here for...

Self Think # 3

**Write down things that you
want your TEAM to be**

One Year From Now

Self Think # 4

**Write down things that YOU
want to be**

One Year From Now

LITTLE

It's the little things that

Make you GREAT

Peak Performer

- **Right Stuff**
- **Right Amount**
- **Right Time**

Little nugget # 1

Relative to:

W.A.W.H.F.

- **STOP**
- **BREATHE**
- **Re-Program**

Little nugget # 2

~~Easy~~

Little nugget #1

Difficult + Process =

SIMPLER

An invitation to work
HARDER at *simple* things

to make them

EVEN SIMPLER

Group Think # 2

In your groups, discuss the difference between:

Manager and **Leader**

Little nugget # 3

The Management-Leadership Balance

Manager

- Appointed
- Monologue
- Delegates
- Tasks
- Directs
- Policy driven

Leader

- Chosen
- Dialogue
- Encourages
- Event
- Inspires
- In or out
- Focused
- Purpose driven

Little nugget # 4

No Rear View Mirrors

Little nugget # 5

“Can’t Say Can’t” to Yourself

Little nugget # 6

“Don’t say Don’t”

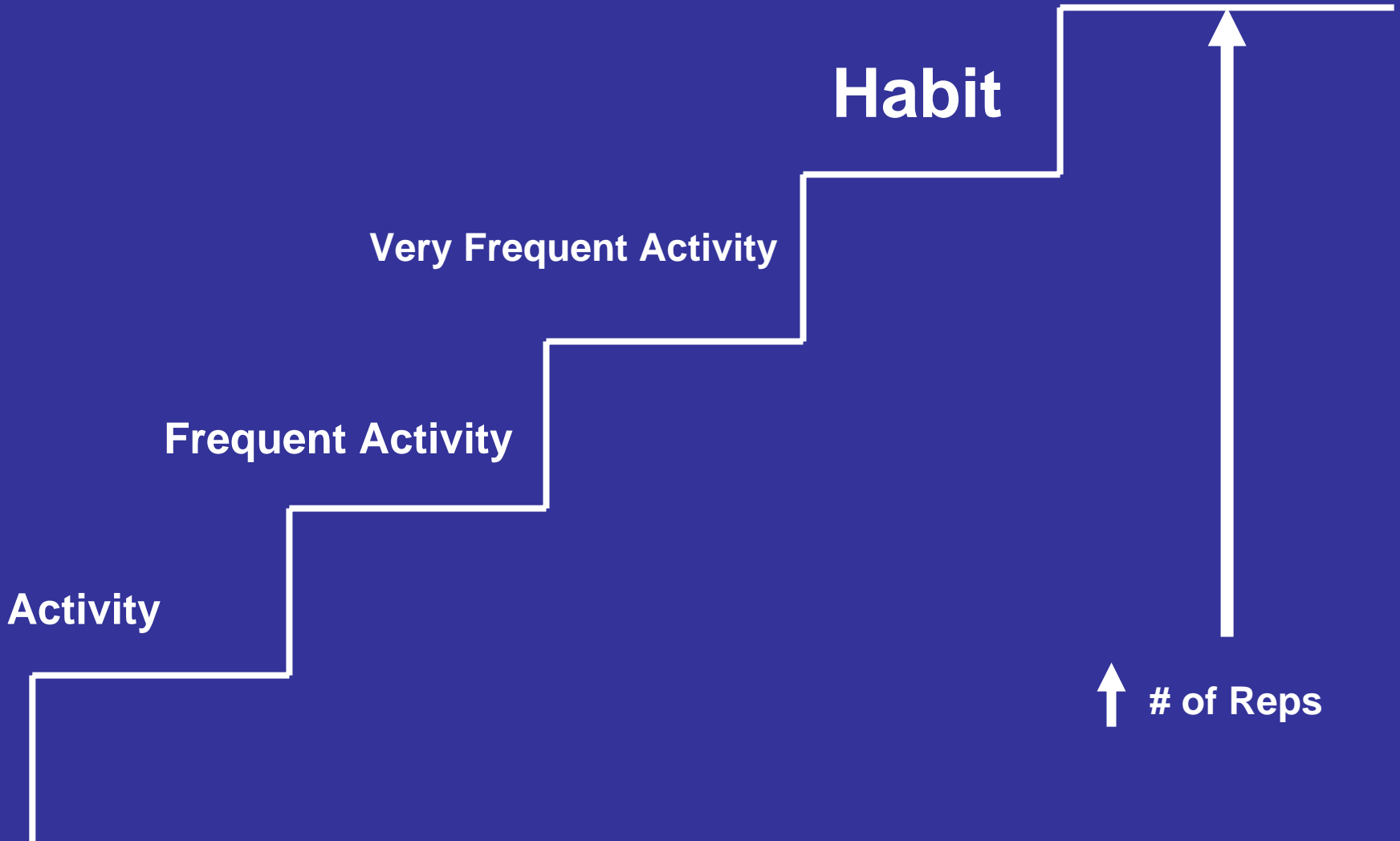
Little nugget # 7

Never walk by Mediocrity

Team Scorecard

Attitude	Effort	Result

Lifestyle



Questions



Thank You